

Camp Consulting Poster Sessions

Consulting with Camp Counselors: Advocating for Self and Systemic Change

*****Selected by SCP for Submission to APA 2020's Poster Competition*****

Description:

This poster describes: (a) the services included in a mental health consultation model implemented at a summer camp, including on-site and on-call consultations; (b) the consultant's reflections; and (c) their recommendations for the future.

How to Access:

- APA 2020 Portal
- A related SCP OnDemand session for CE* credit is also available.

Poster Presenter:

Amani Khalil, MEd, Purdue University

Co-Authors:

Alia Azmat, MESd, Purdue University
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Aashna Aggarwal, MEd, Purdue University
Amanda S. Case, PhD, Purdue University
Catherine Chen, MEd, Purdue University

The Process of Engaging Summer Camp Staff Members in Psychoeducational Training

Description:

Training was provided to summer camp staff and counselors as part of a mental health consultation model. Results suggest participant knowledge about adolescent mental health and helping skills significantly increased from pre- to post- test.

How to Access:

- APA 2020 Portal
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Poster Presenter:

Brittany Wright, MEd, Purdue University

Co-Authors:

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Research in the Wild**Description:**

Research on a summer camp mental health consultation indicated that although staff found services helpful, usage was limited due to: (a) consultant accessibility; (b) staff uncertainty about services; and (c) staff perceptions of camp culture.

How to Access:

- APA 2020 Portal
- A related SCP OnDemand session for 1.0 CE* credit is also available.

Poster Presenter:

Aashna Aggarwal, MEd, Purdue University

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Presenters and Co-Authors (In random order):**Amanda Case, Ph.D.**

Amanda Case, Ph.D. is an Assistant Professor in the Counseling Psychology doctoral program at Purdue University. She earned her Ph.D. in Counseling Psychology from University of Wisconsin-Madison with a specialization in child/adolescent treatment and assessment. Her research focuses on how families, schools, and community-based organizations can collaboratively promote educational equity, especially for students

from economically marginalized backgrounds. She also consults with a range of community-based programs on mental health, inclusive practices, and data management.



Alia Azmat, MEd

Alia Azmat is a Ph.D student in Counseling Psychology at Purdue University focusing on identity, culture, mental, and reproductive health. Her research interests include grief and loss, objectification theory, spiritually-informed interventions, and critical qualitative research. Alia works alongside communities to develop and increase access to culturally-relevant health education resources. She received her B.A in Global Health from Arizona State University and considers herself an transdisciplinary learner in anthropology, psychology, education, and public health.



Aashna Aggarwal, MEd

Aashna Aggarwal grew up in Mumbai, and has lived in Singapore and Vermont as well. She has been at Purdue since 2016, earning her master's degree on the way to a PhD. Aashna's research focuses on racial identity development for international students, with additional interests in Asian Indian populations, teaching diversity, and professional competence within health service psychology. She enjoys lounging with her cat, doing crosswords, completing cat puzzles, and playing board games for fun.



Brittany Wright, MEd

Brittany Wright is a sixth-year PhD student in the Counseling Psychology program at Purdue University. She graduated in 2014 from the University of Miami with a B.S. in Psychology and a minor in Biology. Her research interests focus on cross-cultural psychology, health disparities, and internationalization of training and education in health service psychology. Brittany will be completing her pre-doctoral internship at the VA St. Louis Health Care System during the upcoming academic year.



Amani Khalil, MEd

Amani Khalil is a Ph.D. student in Counseling Psychology at Purdue University where she also earned her M.Ed. in Counseling Psychology. As a psychologist in training Amani enjoys working with children and families conducting psychotherapy in both schools and community mental health settings. Amani has also provided mental health training and consulting to camp staff at a summer camp in Northwest Indiana. Amani's research interests broadly include multicultural identity development, parenting, and racial socialization.

Catherine Chen, MEd

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