



LEVERAGING PSYCHOLOGICAL SCIENCE TO IMPROVE THE WORKPLACE

Fundamentals of Consulting Psychology: Best Practices for Giving, Receiving, and Using Feedback | Brodie Gregory Riordan, PhD | 4 APA CE's

Abstract: Most people find giving and/or receiving feedback to be an uncomfortable experience. Decades of academic research have unlocked critical nuances and best practices that make feedback exchanges effective and less daunting. This session will highlight science-based best practices for giving, receiving, asking for, and using feedback. Participants will walk away with specific, tangible actions they can apply to their life and work to be more graceful feedback providers and recipients.



Brodie Gregory Riordan, PhD

Brodie Riordan joined McKinsey & Company in early 2016. Her work focuses on helping partners of the firm develop their counseling skills, use feedback they receive to fuel their growth and development, and develop an “operating model” that enables them to achieve their personal and professional goals. Brodie is also an internal coach at the firm.

Prior to joining McKinsey Brodie was a senior consultant with CEB (Corporate Executive Board, previously PDRI) where she partnered with clients in a variety of sectors and industries to address their most challenging needs in leadership development, talent and performance management, and coaching. Earlier in her career, Brodie was a manager of Global Leadership Development at Procter & Gamble where she led the global

performance management process and coaching program. Brodie also spent time as a visiting faculty member at Washington & Lee University in Lexington, VA, where she was the first I/O psychologist on the faculty.

Brodie has published over 2 dozen journal articles, books, and book chapters on coaching, feedback, and leadership, including *Using Feedback in Organizational Consulting*, in the APA Fundamentals of Consulting Psychology Series (under her maiden name, Jane Brodie Gregory). She completed her leadership coach training at Georgetown University and is an ICF certified coach. Brodie has a MA and PhD in Industrial/Organizational (I/O) Psychology from the University of Akron and a BA in psychology from Washington and Lee University. Brodie is on the Board of Back on My Feet DC, which helps homeless individuals reinvent their lives through running.

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